

restoknee surgery
spine surgery
all type of trauma surgeries



What
we lose is what
we require
the most.



Dr. Sharad G. Oza
Dr. Hem S. Oza
Orthopedic & Spine Surgeons
(Restoknee Surgeons)

Consulting Time :
11:30 to 1:30 | 5:30 to 7:30
Appointment Time :
08 a.m to 08 p.m

Ashirvad Avenue, Opp. Kocharab Ashram,
Ashram Road, Paldi, Ahmedabad-380 006.
Phone : +91 79 2657 9243
www.restoknee.com

www.threedesigns.com

no replacement, **save** natural knees



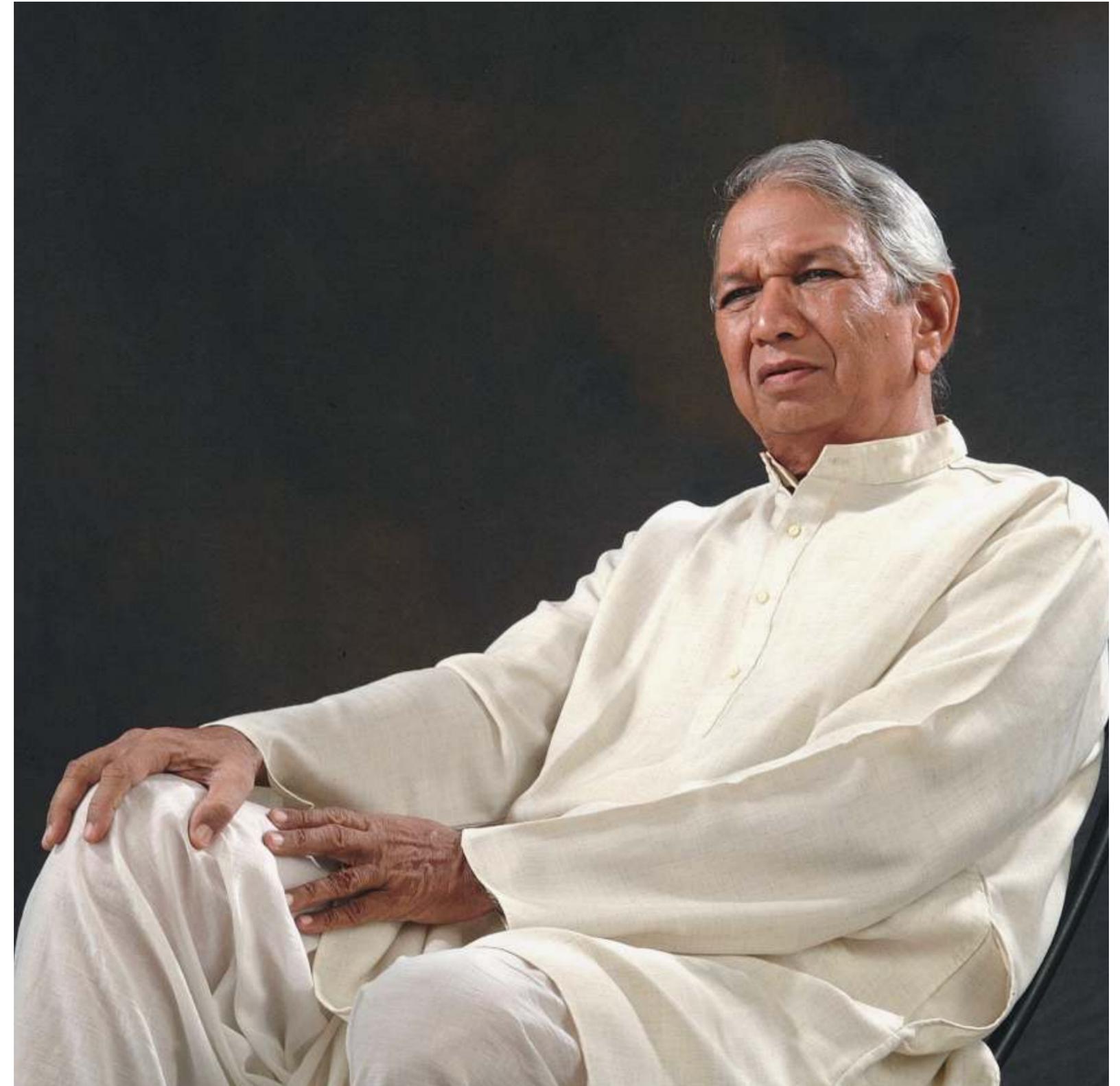
OSTEOARTHRITIS FACTS

Osteoarthritis is the natural's call of joint function deterioration as a result of wear and tear. In the entire body, knee is the major weightbearing joint, which is thus the most commonly affected.

Life and lifestyle have their own say globally at present. This leads the younger generation to become victims of knee arthritis due to deficiency of calcium, vitamins, minerals and lack of exercise, which affects ultimately their activity of daily living.

This very pain can gradually hit the joints in such a way that it leads to inability to walk long distances and stand for a long period of time thus forcing the person to rest at particular times while performing these acts.

At severe stages, all the usual activities become markedly restricted making it impossible to take risks for outdoor activities leaving the person homebound.





Under such circumstances and out of concern due to nonfunctionality, people tend to seek medical advice and the most prevalent of those advices are pain killers, massage and physiotherapy. There is also availability of alternative medical treatment like acupressure, acupuncture and magnetic therapy. Unfortunately, all these treatment options yield temporary relief if at all. Hence, after wasting time and money, there is no permanent solution.

On the other hand, long-term use of such alternatives lead to a heavy damage called as high blood pressure, liver damage, acidity, ulcers and much more.

RESTORATION OF NATURAL JOINT - Breaking the Prevalent Tradition

There is something infinitely healing in the repeated refrain of nature - the assurance that dawn comes after night, and spring after the winter.

One of the few basic functions at the premature phases of life, walking becomes the bridge to touch mother earth. This daily nature task becomes vital with the growth curve.

Unknowingly, this very affair is hampered as the time goes by and the so called joint arthritis thus takes its toll. Every simple and complex activity is hindered due to the constant and consistent pain this very disease brings with itself. Likewise, life turns out into a standstill due to pain and difficulty with movement. Also, it becomes more painful when the world around you is moving and you are pinned to one place.

**Someone may have removed
your natural knee when you
were unaware.**

**Anger is natural. Grief is
appropriate.**

RESTORATION was possible.





Name it as walking, getting up, bending, climbing stairs, getting in and off the car, playing; these activities become a past event thus questioning the global medical science for a permanent resolution.

The ready and simplest answer to such a misery for any layman would be either total Knee replacement (TKR) or high tibial osteotomy (HTO). But, factually, has anybody ever wondered that apart from the disappearance of pain even temporarily, is normal life the same after either of these? The ultimate guess would be, NO. Life then has a restriction and limitation. Routine activities, sports all become a difficult task, which in turn would surely mean that you really paid a big price to getting rid off your pain.

Total Knee Replacement cuts everything except the cause. RESTORATION can even cut the cause forever.



Have you ever thought that all these abilities and activities can be resumed post surgery? Have you ever thought that without even interfering the natural make of your knee and actually without sacrificing it, you can be pain free? Do you know there is one such procedure which is actually going on since a long span and thousands are actually being cured completely?

If not then here is the outcome of all the thoughts, **RESTOKNEE SURGERY.**

Dr. Sharad Oza bestowed a cradle to this innovation being a young orthopaedic surgeon and professor of orthopaedics at Civil Hospitals, Ahmedabad. He has worked under the experienced hands of Dr. Richard Coombs (UK) as well as Dr. Graham Dean (UK). Dr. Oza was also a role player in USA.

His successful effort was to bless once again the ailing mass with healthy knees. He believes that just like there is always a source of pain, there is always a natural solution to it. He is strictly against sacrificing such a vital organ of the body. He believes in preserving all the natural protective mechanism of the knee.

Over the last 35 years, **Dr. Sharad Oza** has performed the Restoknee surgery on thousands of patients. All the patients are thankful to Dr. Oza for his sincere efforts towards saving their natural knee instead of dumping the substitutes like plastic and metal which make life more harder in real sense.

Globally, the graph is spiking with the number of patients undergoing TKR where branded artificial elements are used. There should be a strong insight that whatever brand it be, there has to be an expiry to it since it is artificial, may be 8, 10 or 12 years mostly leading to a suspected second surgery, whereas Restoknee has no such age limit giving itself a lifetime of age.

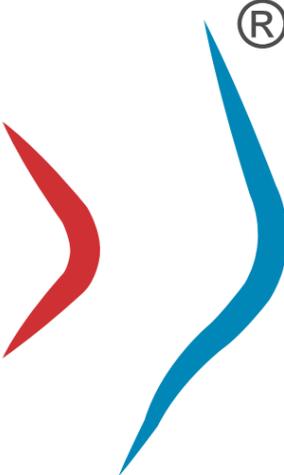
In TKR, the entire knee is cut open thus chances of infections are more especially among diabetics. Long-term pain killers and heavy antibiotics then become companions post surgery carrying various severe side effects thus making life more miserable.

RESTOKNEE is thus a better option to total knee replacement.

Start understanding but not compromising.

restoknee

no replacement, **save** natural knees



RESTOKNEE Unveiled

For **Dr. Sharad Oza**, passion is far more than profession. Being such a successful orthopedic surgeon, Dr. Sharad Oza wanted to always save the knees permanently from being sacrificed, and for the sole reason, he started **Restoknee**.

Restoknee surgery is a highly-skilled procedure where knee joint is not cut open so it is not exposed to outer atmosphere so infection is avoided thus minimizing the use of antibiotics. In this surgery, special surgical cuts are made at appropriate sites without interfering or disturbing natural parts and thus preserving the knee's natural protective mechanism like ligaments, cartilages, etc., which otherwise gets sacrificed in total knee replacement.

Restoknee surgery restores your knee in its normal state without the introduction of any artificial implant in or around the knee. There is no usage of screws, plates, cement, steroids or lubricants in the **Restoknee surgery**.

Synovial membrane and synovial fluid have got plenty of totipotent and multipotent stem cells, which are an essential part of healing including the cartilage. But unfortunately in total knee replacement (TKR) synovial membrane and synovial fluid are removed permanently and the body loses its major repairing mechanism.

A common myth is that the cartilage can never regenerate. But for the last 18-20 years, it is proven beyond any doubt that if stress is removed and proper environment is given at any stage, the cartilage regenerates and becomes normal (like the wound of skin).

Restoknee surgery enhances totipotent and multipotent stem cells to provide natural environment for healing of the damaged cartilage.

Restoknee surgery gives you unrestricted movement. In fact after operation you become pain free and naturally mobile again. Those who have undergone Restoknee surgery have reported and can vouch for that they can climb up and down stairs easily, sit in cross-legged position, sit on floor, perform daily chores easily, drive vehicles, and even play outdoor sports. People who were almost immobile are leading a normal life now. There have been instances where patients who were not able to travel in cars and had stopped attending social functions due to knee issues have become active after undergoing

Restoknee surgery. In other words, post the Restoknee surgery there are no limitations or restrictions. It is such a boon where you do not need to control movements but just enjoy the special pain-free moments for rest of your life.

This procedure is so successful and safe that there are occasions where more than one family member has undergone the surgery, many of them have gone for it in both knees.



At **Restoknee Clinic**, we have a philosophy that if we can save then why sacrifice the natural organs. Now, there is no need to live in that convulsive pain or become a statue.

Hence, knee restoration means that there is availability and possibility to restore the normal knees and thus fortunately total knee replacement is not needed.



Dr. Sharad Oza – The Brain Behind Restoknee

The man who needs no introduction, the sole intellect behind this great innovation, **Dr. Sharad Oza**. He has started and pioneered the Restoknee thus crushing the misery of thousands till date. The expert himself has always had the passion of serving the mass by preserving natural joints thus not interfering the natural make.

This pioneer has let go massive opportunities at his early practice times just to keep live his passion and his goal. Such a down-to-earth and soft-spoken personality has always believed that time will speak his work and people will realize the paramount importance of their own crucial body part. According to him creating awareness and verbal advertisement are absolutely like two coasts of a sea. Thousands operated through **Restoknee** and leading a normal life without any side effects or infections, this is the real justice to his words of awareness.

Dr. Sharad Oza, though worked both in UK and US under expert hands, has always had the brain wave that natural joints are a blessing to human beings and that sacrificing them would result in no regeneration thus making movement more static. With his big futuristic vision, his attempt towards Restoknee has begun a new revolution with interest and appreciation from all the classes and ages of people.

Knee replacement is an amputation of the major weightbearing joint and it is an irreversible process. Dr. Oza and his mastermind technique remove arthritis and not the entire joint on the whole.

These are his vigorous and determined efforts today that there is actual realization and implementation of the cognizance put through by **Dr. Sharad Oza, which is framed as Restoknee.**

Walking on the footsteps of his father and taking Restoknee to the next level with the use of modern medical technology; **Dr. Hem Oza** has made selfless contributions to the legacy. With honest consideration to the benchmark set by his father; Dr. Hem Oza, under the guidance of Dr. Sharad Oza, is the man behind bringing Restoknee to the world with his efforts and skills.



Chinubhai Pandit

I got operated with 'restoknee' surgery 32 years back. Now, at the age of 93, I certainly have no problem with my legs. I can move around and also do all the day-to-day work at home. Most importantly, I can visit my son everyday climbing stairs on my own.

Shashikantbhai

Post surgery, I am back to playing active sports like swimming, badminton and table tennis. I have recommended this surgery to people like me who have suffered as well and that has brought change to their lives. This has not been limited to India but my friends and relatives living abroad.





Pravinaben and Kantaben

Before 22 years, I was not able to walk, sit cross-legged or even stand which led me to undergo surgery. I have been able to walk freely, sit cross-legged on the floor since then.

- **Kantaben (mother-in-law)**

I was fed up with my legs and they were hurting me so badly that I could not even sleep at night. Now, I live a healthy life and can do all my work at home like my mother-in-law. I have even been to Amarnath pilgrimage after surgery.

- **Pravinaben (daughter-in-law)**

Pannaben Patel

I lost my leg in childhood and since then I am walking on my one and only leg bearing full body weight on that leg with the help of crutches. At a very young age, I got severe arthritis in my only leg and all my activities came to a standstill.

Restoknee surgery has put me back to a normal life.

